



**Sunday, April 29, 2018**  
**Harsha Lake**  
**East Fork Lake State Park**  
**3294 Ellick Rd.**  
**Bethel, OH 45106**

**Map Link:** [Google Map: East Fork Lake \(Lake Harsha\) 2K Course](#)

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## **I. MACRA COMPETITORS SINCE 2011**

- Butler University
- Case Western University
- Cleveland State University
- Denison University
- DePaul University
- Drake University Women's Rowing
- Eastern Michigan University
- Grand Valley State University
- Indiana University
- John Carroll University
- Lawrence University
- Marietta College
- Marquette University
- Mercyhurst University
- Miami University (OH)
- Michigan State University
- Milwaukee School of Engineering
- North Park University (IL)
- Northwestern University
- Ohio State University
- Ohio University
- Purdue University
- St. Louis University
- University of Charleston (WV)
- University of Chicago
- University of Cincinnati
- University of Dayton
- University of Illinois
- University of Iowa
- University of Kansas
- University of Michigan - Michigan Rowing Association
- University of Charleston (WV)
- University of Minnesota
- University of Notre Dame
- University of St. Thomas (MN)
- University of Toledo
- Vanderbilt University
- Washington University in St. Louis
- Wheaton College
- Xavier University

## **II. GENERAL RACE INFORMATION**

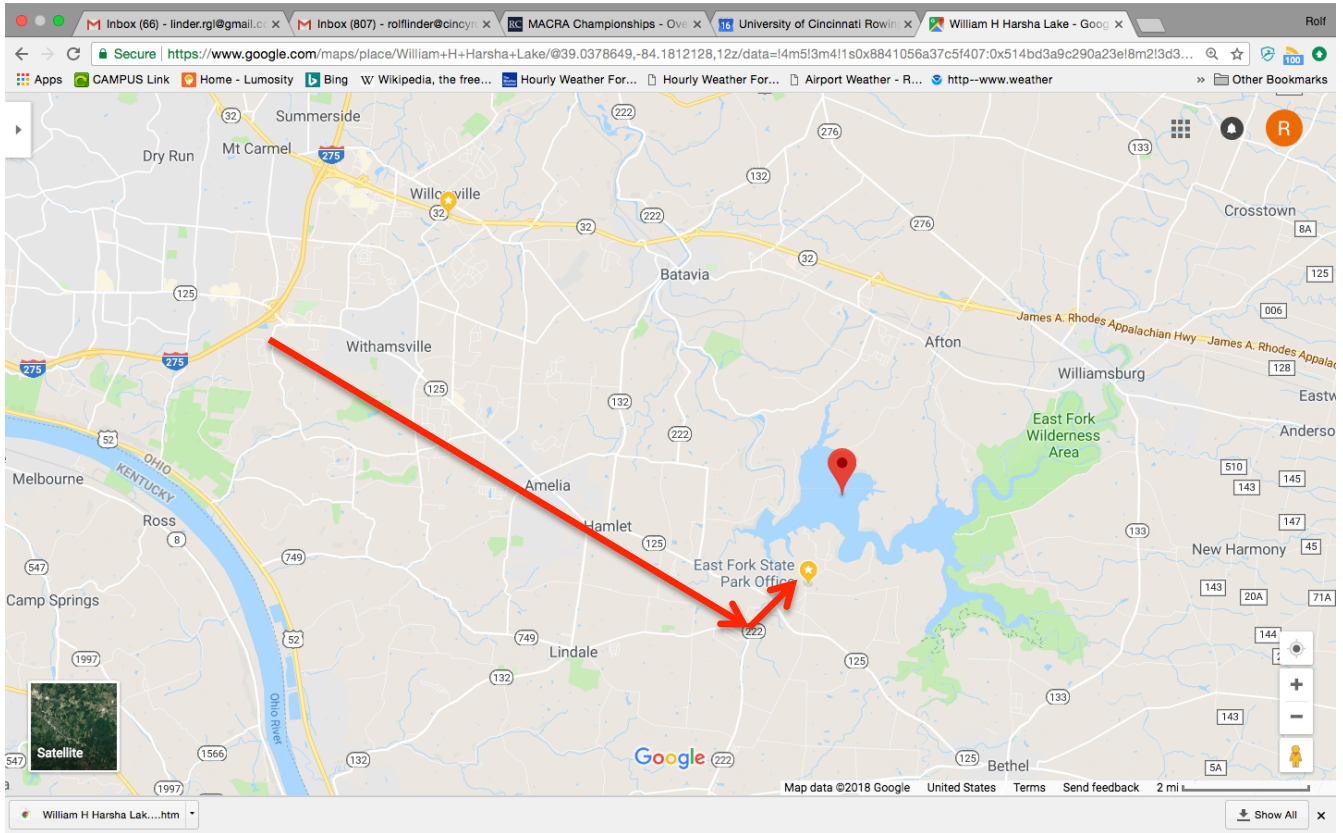
**Date:** **SUNDAY, April 29, 2018**  
This date has been chosen to avoid graduation conflicts for competitors.

**Location:** **For competitors, boat trailers and spectators:**

East Fork Lake State Park  
3294 Elklick Rd.  
Bethel, OH 45106

**Most teams will want to arrive via I-275.**  
**Take a look at this map on the next page:**

- The lake is marked with a red marker
- But you want to enter the lake on the southern side
- See where the East Fork State Park Office is marked?
- That is where you want to enter
- Which means you take Rt. 125 east from I-275



**Map Link: [Google Map directions East Fork Lake State Park](#)**

**PLEASE NOTE:** Lake Harsha is located in East Fork Lake State Park, a very large park 45 minutes east of Cincinnati. The above address is on the SOUTHERN side of the state park. Do not enter the park from any other direction or you will not arrive at the Regatta location. See map above for general directions.

**No parking on grass**

**Be considerate of the Park. Do not park on the grass as this causes damage which the Regatta will have to reimburse the Park for. Park trailers in designated areas only.**

**Saturday night**

**Trailers are welcome to arrive Saturday by 10:30pm. The gate to the Beach area will be closed at 11:00pm. If you arrive after this time, and you must drop your trailer before going to your hotel, you may park at the Park Office which has a large parking lot. Note that there will be no security or Police coverage in the Beach area so do not leave valuables on your trailer.**

**Trailers:**

**Follow signs for trailer parking. Look for the gravel area above the docks. Look for parking guidance.**

- Buses:** Follow directions to the Regatta. Drop off passengers and then park on the far side of the pavilion/ beach house.
- Vans:** Follow directions to the Regatta. Drop off passengers and then park in the parking lot. If full, exit the Regatta area, go back up the hill, and park in the designated parking lot.
- Spectators:** Follow directions to the Regatta. Park in the designated parking areas above the Regatta area. You may have to walk from a parking lot to the Beach.
- Medals:** Medals will be awarded to the top three places. If there are 3 entries, only a Gold and Silver medal will be awarded. If there are 4 or more entries, Gold, Silver, and Bronze medals will be awarded. There are Team Point Trophies for the Men's and Women's Team, as well as the Overall Team Point Trophy for combined Men's and Women's results.

### **III. PROGRESSION SYTSTEM, SEEDING AND STARTS**

#### **Progression**

**System:** Varsity and Freshman/Novice 8's will be seeded. All other events done by random draw.

- 7 or fewer entries: Final only.  
PLEASE NOTE, depending on the water level in Harsha Lake immediately prior to racing, only 6 lanes may be available. However, we anticipate having 7 lanes.
- 8-13 entries: 2 heats, Top 3 of each heat to Final: all others to Petite
- 14 entries: 2 heats, Top 3 of each heat to Final; next fastest 4th place time will go to Final in lane 7. All others to Petite.
- 15 to 21 entries: 3 heats, Top 2 to Final, places 3 and 4 to Petite; places 5 & 6 to 3rd level.
- 22 to 28 entries: 4 heats; heat winner plus the next two fastest times to Final; next 6 fastest times to Petite.

**Petite finals:** Petite finals will be offered in each event that has 9 or more entries.

**Seeding:** Coaches with entries in the Varsity and Freshman/Novice 8's will be asked to participate in a poll to determine seeding of the initial heat placement.

**Starts:** A start platform with boat-holders will be used. This is very similar to starting from stake-boats; therefore, all crews should review procedures for backing and sculling. Crews unable to lock into the boat-holder by the start

time of the race will be issued a warning. The officials reserve the right to disqualify / exclude crews who are unable to lock into the boat-holders and keep a point. Crews who are unable to do this will not be permitted to row down the course.

#### **IV. REGISTRATION**

**Registration:** Registration will be on Regatta Central. Link is here:  
[Regatta Central 2018 MACRA](#)

**Entry date:** *Entries are due by Wednesday 4/25.* I'd appreciate it if you would make your entries sooner. No late entries accepted.

**Scratches, Lineups, Payments:**

***Scratches, Line-ups and Payments are due on by Friday, 4/27.***

Scratches should be submitted to Rolf Linder via email at:  
rolflinder@cincyrowing.org

***No scratches after this point.*** Any unpaid entries on this date will be scratched for you. Any Coach requesting a scratch after the deadline must submit a \$40 scratch fee online at Regatta Central. Any scratches requested on Race Day will cost \$60. Please bring your checkbook. There will be no refunds of any kind.

***Lineups and Payments should be made on Regatta Central.***

**Entry fees:** **Pricing is unchanged from last year. All Clubs can expect an approximate cost of \$12/person to race. We are also requiring all Clubs to pay the MACRA membership fee to offset fixed costs to host the Regatta:**

- MACRA membership fee: \$45/year for all Clubs, paid online through Regatta Central. This will be used to partially offset the cost of providing mandated Ohio Dept. of Natural Resources officers on land and water.
- Entry fees: \$12/athlete and are capped at \$840 for any Club.

## **V. WAIVER REQUIREMENT**

**Waivers:** This is a U.S. Rowing-registered regatta and all athletes must sign the online waiver accessed through RegattaCentral.com or USRowing.org.

## **VI. SCHEDULE**

**Updates:** Schedules will be emailed to participating coaches by Thursday 4/26 and posted on Regatta Central

**Practice:** The course will be available for practice on Saturday afternoon. Please note:

- Docks may not be installed by that time. If there are no docks installed, crews may wet-launch from the beach/grassy area.
- It is very likely that there will be motor boats on the lake. Coxswains/coaches should be aware
- Coaching launches are permitted; bring your own.
- During practice, traffic pattern on the course is counter-clockwise:
  - UP the course in Lanes 0,1,2 (far shore)
  - DOWN the course in Lanes 4,5,6 (near shore)
  - KEEP OUT of Lane 3

**Coaches & coxswains:** 7:00AM meeting in the Pavilion above the beach areas.

**Racing schedule:** 8:00AM - Heats as needed (racing on 8', 10' or 12' centers) for events exceeding 7 entries.

11:30AM - Heats finish / Lunch break

12:30 - 5:00PM - Petite / Grand Finals

**Hot seating:** HOT SEATING OF EQUIPMENT IS DONE AT YOUR OWN RISK --  
No accommodations will be made.

## **VII. ENTRY RULES**

Once the Regatta's scratch deadline (see above) has been passed, Clubs may not scratch their entries in larger-boat categories in order to focus on smaller-boat categories. A scratch fee of \$60

will be assigned and those results in the smaller-boat categories will be vacated, including if a medal were earned. Such violation of sportsmanship will be noted, and reflected in invitations next year.

**Multiple event entries:**

Each team may submit up to two entries in each event.

The exception to this rule is that only one entry will be permitted in the Varsity 8 and Freshman/Novice 8. However, multiple entries will be permitted in the latter events if there is no 2nd Varsity or 2nd Freshman/Novice 8 event offered due to insufficient (<3) entries.

Teams may have unlimited, multiple entries in the 2nd Freshman/Novice 8 and 2nd Varsity 8 events provided they enter a 1st Freshman/Novice 8 and/or 1st Varsity 8 boat.

**Double rowing:**

All athletes may row in as many as two separate events. There is no limit on multiple racing for coxswains. There will be no accommodations for equipment or athlete hot seating.

**Lightweights & weigh-ins:**

This Regatta will offer lightweight events if there are three (3) or more entries. If there are fewer than three (3) lightweight crews then they will automatically be placed into the heavyweight event.

Lightweight maximum weights are 130lbs for women and 160lbs for men, with no average. There will be no official weigh-in for lightweights or coxswains, it is on your honor. There are no weigh-ins conducted for equipment or coxswains either.

**Championship qualifying & seeding:**

Results in this race are considered in seeding for the Dad Vail Regatta, ECAC National Invitational, and ACRA Championships. Programs participating in those regattas will be competing at the MACRA.

**US Rowing  
rules:**

This regatta will follow USRowing Rules of Rowing. Exceptions will be permitted only by Race Officials.

**VIII. CONTACT INFORMATION**

**Regatta  
Director**

Rolf Linder, University of Cincinnati Rowing Club  
rolflinder@cincyrowing.org  
859-221-0339

**Progression  
System**

Gregg Hartsuff, University of Michigan Men's Rowing  
uofmcrew@aol.com  
734-604-5611

**Chief  
Referee**

Bob Appleyard  
applerows@gmail.com

**IX. ACCOMMODATIONS**

See Regatta Central for information on discounted hotels. Most hotels are located along the I-275 corridor. The intersection of I-275 and State Route 125 is approximately 30 minutes from the race venue.

**X. APPAREL/SHIRT BETTING**

There will be MACRA apparel available for purchase at the site. Discounted shirts will be made available for bulk Team orders in advance. Details forthcoming.

Any shirt betting is only by prior agreement between racing crews.